## Whose life is it anyway?

The challenges of advocating for both people with intellectual disability and their family carers.

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#### This presentation...

- Introduction
  - To presenter
  - To the topic
  - Disclaimer
- Outline of relevant policies
  - Irish context
  - National Disability Strategy & Implementation Plan
  - National Carers Strategy
- Personal reflection
  - Personal & professional
  - Challenges
- Conclusion



#### About me...

- Previous roles: not-for-profit, disability & academia/ education
- Family member & supporter of my friends
- 20 years vs 9 months
- Have seen conflicts between PWD, their families and their "carers"
- Conflicts often personal but not assisted by policies at a macro level



## Personal presentation with personal experiences



#### Irish Policy context



NATIONAL DISABILITY STRATEGY
IMPLEMENTATION PLAN
2013-2015

Prepared by the National Disability Strategy Implementation Group



# National Disability Strategy (& Implementation Plan)

Launched in 2005- legislation & policy documents

2013-2015 Implementation Plan

"The National Disability Strategy is a whole-of-Government approach to advancing the social inclusion of people with disabilities." (NDSIP, 2012)



### Family Carers & The NDS- Language

Word/ Phrase	Number of time used in the NDSIP
Family	0
Carer	0
Advocate*	0
Caregiver	0
Staff*	5
Support*	74



#### National Carers Strategy

Published 2012

 Series of 48 actions with no particular implementation plan

 "Carers will be recognised and respected as key care partners."



## **Policy Conflicts**

 "Living an independent life" vs "Family Carers seen as partners in care"

 NDS push for parental & family involvement to be 'minimised'

NCS push for increased involvement



#### Personal "conflicts"

Language use

 What "independence" means very different things for both groups

Frustration re: communication- on 'both sides'



#### Questions to ask

 Are Family Carers entitled to know the details of their relatives lives?

 When is it appropriate to challenge Family Carers on their desire to keep their children as "children"?

 What happens when a person with ID becomes the carer themselves? Who gets what information then?



#### Conclusion

- Personal experiences makes policy analysis stronger
- Useful to have experience of "both sides" at all levels:
  - Macro: have seen how policy decisions can be used as excuses in certain situations
  - Micro: have seen how policy directly effects individuals
- There should always be some struggle at a personal level when looking at policy- because policy impacts individuals, not merely "societies"



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